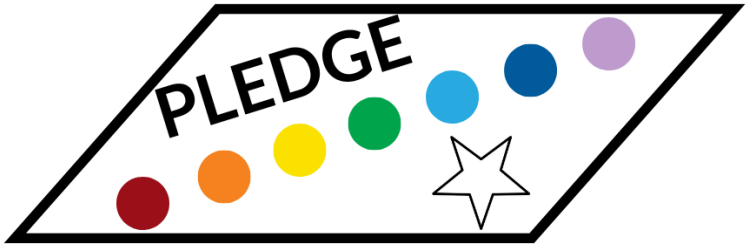
Pledge Ritual: Bring a Friend Ceremony

For use in Canadian Rainbow Pledge Groups



Approved for use by
Amy Jackson, Supreme Deputy
September 2026

CEREMONY FOR INVITE A FRIEND NIGHT

Pledge Sister: Good evening, we're so pleased you could come to visit us tonight. We would like to tell you a little about _____*(name)* Pledge Group. The group was started in _____*(city)*. We are sponsored by _____*(name)* Assembly #___, International Order of the Rainbow for Girls. We conduct our own meetings with the help of the Pledge Mother and other adults. We also have a lot of fun.

Associate Pledge Sister: We like attending meetings because we get a chance to see and talk with each other. We also get to meet girls our age. After meetings we enjoy having refreshments in the _____ _____*(name of place where social times takes place in your building)*.

Happiness: We have a lot of fun times. Since Pledge started we have gone on picnics and have had pool parties. We have gone bowling and roller-skating. We have had sleepovers and gone horseback riding.

Kindness: We spend time with our Rainbow Girl "big sisters". They help teach us more about Pledge and about Rainbow Girls.

Confidence: Twice each year we hold our Installation of Officers. This is when we change offices and get to learn new parts. Learning parts and saying them in front of people may seem hard and we often get nervous; but doing this helps us gain confidence in ourselves."

Assistant Pledge Mother: Pledge has been compared to a garden of beautiful flowers in which you can find all different colours of the Rainbow in their individual personalities. We watch over the buds of this garden and cultivate them. We train them in speaking, responsibility, leadership and cooperation with others. When they become 11, they are picked from our garden of colour and it is hoped they will apply to become members in the International Order of the Rainbow for Girls to further this character building process.

Pledge Sister: We will all stand for prayer.

(3 raps)

Chaplain: Our Heavenly Father, we thank you for our friends who have come to our meeting. May you watch over them and give them a safe journey home. Amen.

All: Blest be the tie that binds.

(All give Pledge sign)

Pledge Sister: We have tried to give you an idea of what Pledge is all about, but it is hard to do in just a few short sentences. Pledge is an introduction to Rainbow, Rainbow is about love for our families and communities. As a symbol of our love for you, our friends, we would like to present you with a little gift.

Pledge Mother: Would each Pledge Girl please stand by your friend and as you present her with your gift of friendship, introduce her.

(Each Pledge Girl presents her friend with a gift and shares her name with the room.)

This concludes our program for you. I hope each of you might be interested in joining our group. If you are, please talk it over with your parents. I'm sure your friend in Pledge will be glad to give you an application for membership if you ask her. Thank you for coming tonight.

We will now resume our stations for the closing.